

TACT2 Reminders for Follow-up

Reminder #1: Call Center Contacts

The Duke Clinical Research Institute (DCRI) Call Center will be contacting you approximately six and 12 months after randomization, then every 4 months to ask general health and medication questions and follow-up any hospitalizations. This phone call will take approximately 15-20 minutes.

Things to remember:

1. To protect your privacy, voicemail messages may only say *"We are calling from Duke"* until DCRI can confirm they are calling the correct phone number.
2. Calls will be coming from a 919-668-XXXX number
3. Calls can be scheduled at your convenience
 - a. The Call Center hours are Monday-Saturday 9am EST- 11pm EST; Sunday 1pm EST-11pm EST

Reminder #2: High Dose Vitamins

- Low dose vitamins shipments will be stopped after the last infusion.
- High dose vitamins will continue until the study ends in about 2 more years. The dose is 6 tablets daily and can be taken all at once or divided throughout during the day.
- Take the high dose vitamins with food as this will help with nausea. They can also be blended (crushed) into a smoothie or other food/drink. (recipe provided)
- If you are having trouble taking the high dose vitamins, please call the study coordinator to talk about options. The vitamins should not be completely stopped without speaking to the study coordinator.
- The 4-month high dose vitamins will continue be shipped to your home. The shipments do not require a signature for delivery.
- So that your follow-up calls and vitamin shipments will continue, let your study coordinator or Call Center Interviewer know:
 - If you do not receive a re-supply close to the end of your last bottle
 - If you have any changes in your address, phone number or email

TACT2 High Dose Vitamin Smoothie

- Make a smoothie with all 6 HD pills or 3 HD pills twice a day
- Pulverize the pills in a blender or in a smoothie maker - ABSOLUTELY pulverize them

- ✓ low fat or almond milk
- ✓ Options to choose:
 - 1/banana
 - greens (spinach, collard, whatever)
 - frozen blueberries or raspberries
- ✓ artificial sweetener to taste
- ✓ ice

Blend all ingredients and enjoy your healthy drink!